

Russell Stover

Joy Bites™ Chocolate Chunk Pumpkin Muffins

All the best flavors of Fall come together for these magnificent chocolate pumpkin muffins.

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Makes 12 muffins

INGREDIENTS

15 oz canned pumpkin
1.5 cups almond flour
1/2 cup coconut flour
1/2 cup brown sweetener
1/3 cup liquid pumpkin spice sugar free syrup
3 large eggs
1 tbsp vanilla
1/2 cup sour cream
1/2 tsp pumpkin spice
1/4 tsp salt
1 tsp baking powder
1/2 tsp baking soda
1 bar of [JOY Bites Smooth Creamy Chocolate](#)

INSTRUCTIONS

Preheat oven at 350 degrees.

Mix together canned pumpkin, almond flour, coconut flour, brown sweetener, liquid pumpkin spice sugar free syrup, eggs, vanilla, sour cream, pumpkin spice, salt, baking powder and baking soda.

Chop up 1 bar of [JOY Bites Smooth Creamy Chocolate](#) and stir pieces evenly throughout batter.

Divided batter evenly into 12 parchment muffin tins.

Bake for 50 minutes.

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